Conflict Resolution on Three Levels

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| **Personal** | **Community** | **Global** |
| 1. Listen actively
2. State position clearly
3. Obtain and clarify needed information
4. Develop alternatives from which to choose
5. Lead or facilitate solution through group endeavor
 | HearingsResearchInvestigative ReportingDiscussion of community issues with various peopleAwareness of local news Letters to editorsLegislationsCommunity organizingNeighborhood or town meetingsExecutive action Personal witness Education | TravelStudy other countries and culturesHost overseas visitorsFollow international newsPromote and follow international organizationsUse appropriate community counterparts as investigative reporting, etc.Government leadershipDisarmament movementsUnited Nations development, research and actionInternational organization activists  |
| 1. Negotiate
2. Mediate
3. Arbitrate
4. Defend oneself nonviolently
 | Union-Management negotiationLegislative Debates and negotiationsSchool board-faculty or parent negotiationsCommunity mediation centersSchool mediation service Federal labor mediation serviceUse of arbitrator like American Arbitration Association personUse of courtsOrganize neighborhood for mutual concern, caring watching, and nonviolent protectionObtain outside help such as police or community service before acting violently | DiplomacyTrade AgreementsUN special sessions and General Assembly meetingsArms negotiationsSpecial international mediatorsWorld CourtNonviolent civilian national defense |
| 1. Use “active nonviolence”
2. Use nonresistance
 | Writing lettersLobbyingPublic speakingDemonstratingVotingDoing relief workUsing boycottsUsing strikesPicketingCampaigningDoing civil disobedienceUsing “Alternatives to Violence”Silent, but open, complete noncooperation with community or cultural custom or with regulation felt to be unjust or unfair | BoycottsTrade embargoesRelief workPeace CorpsCivilian DisobedienceDemonstrations, vigils, etc. Draft and tax resistanceComplete noncooperation with government, military, and/or foreign policies |